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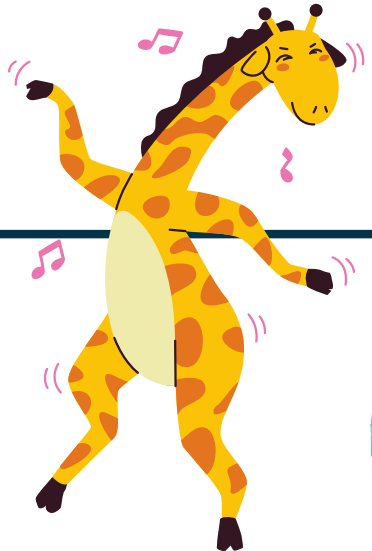
I used to think that I couldn't....

And now I know I can...